



# FIRE ESCAPE PLAN

## Fire Drills In The Home



To Prepare for an Emergency – BEFORE IT HAPPENS

## Fire Drills In the Home

Circle “YES” or “NO” concerning your own bedroom:

- |  |          |
|--|----------|
| 1. Are there two ways out?               | Yes / No |
| 2. Can you reach the ground safely?      | Yes / No |
| 3. Can you get out the window safely?    | Yes / No |
| 4. Can you open the window?              | Yes / No |
| 5. Can you open or punch out the screen? | Yes / No |
| 6. Does your bedroom door close?         | Yes / No |

### ESCAPE RULES

KEEP CALM, DON'T PANIC

ALWAYS KEEP YOUR BEDROOM DOOR CLOSED. IT WILL PROTECT YOU FOR UP TO 5 TO 10 MINUTES FROM SMOKE AND HEAT IF A FIRE SHOULD OCCUR.

IF YOUR SMOKE ALARM SOUNDS, ROLL OUT OF BED AND CRAWL TO THE DOOR.

TEST THE DOOR BEFORE YOU OPEN IT BY FEELING THE DOOR KNOB AND THE DOOR AS HIGH AS YOU CAN REACH. IF THE DOOR IS HOT, USE YOUR SECOND WAY OUT. IF THE DOOR IS COOL, OPEN IT SLOWLY AND CRAWL LOW UNDER SMOKE.

IF YOU ARE TRAPPED INSIDE, DO NOT HIDE. TURN ON THE LIGHT SWITCH. OPEN A WINDOW, PUNCH OUT THE SCREEN, TAKE A SHEET, PILLOW CASE, OR CLOTHING, PUT IT ON THE WINDOW SILL AND CLOSE THE WINDOW SO IT WILL HANG OUT OF THE WINDOW. STAND NEXT TO THE WINDOW. DO NOT HIDE IN A CLOSET OR UNDER THE BED!

REMEMBER TO CRAWL LOW. THE HOT, BLACK, ICKY SMOKE IS UP HIGH AND THE COOL CLEAN AIR STAYS DOWN LOW WHERE IT'S EASIER TO BREATHE.

ONCE OUT, STAY OUT.

GO TO YOUR MEETING PLACE

CALL 9-1-1 FROM A NEIGHBOR'S HOUSE.



### Why Practice Fire Drills?

1. On average, 14 fires occur in residential buildings each day in Minnesota. Dozens of people die each year from fire – many of them are children and the elderly. The majority of these deaths are in preventable home fires.
2. Although fire drills are required by schools (5 times a year), hospitals and many places of employment, they are not practiced regularly in American homes.
3. Practicing exit drills reduces the chance of panic and injury in fires. Practice empowers children so they have confidence they can get out on their own. Helps identify seniors and other family member's needs. A drill helps the whole family prepare for escape and increases their chances of surviving a fire.
4. Carbon monoxide alarms should be in sleeping areas or within at least 10 feet of sleeping areas.

### What will YOU do if fire occurs?

1. Make sure you have smoke alarms and they are working. Install a smoke alarm on every floor, in all areas where people sleep, and in every bedroom.
2. Plan and discuss your escape plan by drawing your floor plan in the grid provided.
  - Locate all doors and windows.
  - Plan two ways out.
  - Decide on a meeting place away from the home, in the front yard, and on the same side of the street.
  - Mark the locations of your smoke alarms
  - Mark location of carbon monoxide alarms
3. Practice the escape plan with your family. Decide who will take charge of a young children, seniors, or people with disabilities.
4. Practice, Practice, Practice your escape plan, especially at night. Practice during the winter and summer. Practice using both ways out.
5. Fire Drill Goal: Get out in 3 minutes or less!

*This signature certifies that my family and I have practiced our escape plan and will continue to practice our escape plan on a regular basis.*

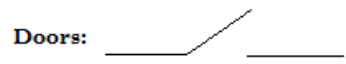
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Signature of each family member

Show your meeting place  
with a circle

Our meeting place is:

\_\_\_\_\_



Use this grid to draw an escape  
plan of the floor your bedroom is  
on. Leave room to show where  
your outside meeting place.

**Mark with arrows two ways out of  
your bedroom.**

**Use a star to mark the locations of  
your smoke alarms.**

**Draw in your light switch.**

